



# The Heartbeat

*Father Bill's & MainSpring is committed to ending and preventing homelessness in Southern Massachusetts, with programs that shelter and connect people to housing, jobs and services. We help people who are struggling with homelessness or are at risk of homelessness to achieve self-sufficiency.*

FALL 2014 NEWSLETTER

## Corporate Profile: State Street Corporation and State Street Foundation



*Spirit of State Street volunteers help select and wrap gifts for guest shopping day at Father Bill's Place.*

Father Bill's & MainSpring (FBMS) is proud to recognize the exceptional support of State Street Corporation and State Street Foundation. For almost 20 years, State Street Foundation and several State Street Corporation volunteer groups have donated valuable time, funding and other resources to further our mission to end homelessness in Southern Massachusetts.

Most recently, State Street Foundation awarded FBMS \$35,000 to fund the expansion of our WorkExpress program into Quincy. WorkExpress began as a Brockton jobs program and restructured as a social enterprise in 2009. With this funding, FBMS will be able to increase WorkExpress participant capacity in Quincy and add job readiness/life skills classes to the curriculum. All of these components are critical in helping the WorkExpress participants move out of homelessness and achieve self-sufficiency.

*Continued on page 6*

## FBMS Success Story: Erica Teixeira

In September 2013, 19 year-old Erica Teixeira entered MainSpring House. Although she was working part-time at Dunkin Donuts and taking classes at Massasoit Community College in Brockton, Erica was without a place to stay and without the means to support herself on her own. Due to Erica's age and status as a student, MainSpring staff followed the Young Adult Protocol, which was developed in response to the increase in young adults coming to the shelters. This protocol includes flexibility around an individual's school schedule and a bed in a less populated area of the shelter, in order to provide a safe place for Erica and other young adults to sleep and eat while they are pursuing their education.

Working closely with the team at MainSpring House, Erica took advantage of every opportunity she was presented. She met with her triage worker regularly and developed a service plan. Erica pursued a new part-time job at a local grocery store, working 30+ hours a week, and worked very closely with FBMS' Workforce Development team to pursue training as a certified nursing assistant (CNA). Erica passed her CNA class with flying colors and is in the process of obtaining a full-time CNA position. In the near future, Erica wishes to go back to school to become a licensed practical nurse and, eventually, plans to receive her RN.

*Continued on page 3*



## Newly Renovated MainSpring Clinic Opens

We are pleased to announce the opening of the newly renovated clinic at MainSpring House emergency shelter. In partnership with the Brockton Neighborhood Health Center (BNHC), the Clinic will operate full-time for the first time in its 30 year history. What was once a small, cramped clinic area is now a handicap accessible space with a separate blood draw room, an exam room, a waiting area, a bathroom, a check-in/registration area and a nurse's station.

The MainSpring Clinic first opened in 1984. At the time, it operated entirely on a volunteer basis, serving the immediate needs of men and women experiencing homelessness. More recently, the Clinic has been staffed part-time by a nurse practitioner from BNHC and has only been able to see between 55 and 60 patients per month. However, the need was more than double, leaving many without adequate care.

Basic medical care for people experiencing homelessness is an ongoing and pressing concern, as many shelter guests have no health insurance and no primary care physician, and most have significant medical issues that require immediate attention. If left untreated, many may resort to expensive emergency room services. Once the Clinic is licensed to operate full-time, a nurse practitioner will be available for our guests 5-6 days/ nights a week, ensuring that Father Bill's & MainSpring can meet the critical health needs of our guests.

### Thank you to our MainSpring Clinic Funders:

- Ada Bacon Trust
- Blue Cross Blue Shield of Massachusetts Foundation
- Covidien
- The Goddard Foundation
- Massachusetts Medical Society and Alliance Foundation

### Honor Those Who Served this Veterans Day with a Commemorative Brick

Join in our ongoing efforts to help maintain high quality housing for formerly homeless veterans by purchasing a brick at Father Bill's Place in Quincy, or at our residences at 26 Spring Street in Brockton. Almost 20% of those served at our shelters have previous military service.

Bricks can be personalized according to your wishes and are a thoughtful way to honor one of our nation's heroes this Veterans Day.

For more information, or to purchase a brick, visit [helpfbms.org/get-involved/brick](http://helpfbms.org/get-involved/brick) or call the Development Office at 617-376-2255.



## FBMS Success Story: Erica Teixeira *(continued from page 1)*

Her career wasn't the only progress Erica made while in the shelter. Over the past few months, she has been working with her triage worker on budgeting and saving money to eventually afford housing and move out on her own. In August of 2014, Erica's income and savings qualified her for a housing grant, which allowed her to move out of the shelter and into a one bedroom apartment.

Erica has come a tremendously long way during her year at MainSpring House. At 20 years old she now has permanent housing, a certificate in CNA, financial independence, and a bright future ahead of her.

*Erica outside her room at MainSpring House.*



### *Supporter Spotlight:*

## Hingham Congregational Church

The partnership in ending homelessness between the Hingham Congregational Church (HCC) and Father Bill's & MainSpring (FBMS) stretches back almost three decades when both Father Bill's Place in Quincy and MainSpring House in Brockton were established as individual shelters. The HCC galvanized their congregation in support of both shelters almost immediately. Collections of supplies, generous financial support and countless volunteer hours have been forthcoming ever since.

FBMS was honored in 2011 to be invited by the HCC to help operate the Rust House, a residential property deeded to HCC near Hingham Square. After careful consideration of potential uses, the church decided to work with FBMS to use the property for those in need of housing. Currently, Rust House is occupied by five formerly homeless women recommended by FBMS. Members of the HCC have performed substantial upgrades and renovations to Rust House, and a devoted group of volunteers, led by Chair Paul Cappers, meet once a month to perform maintenance.

The list of contributions from the HCC continue throughout the year and include: the "Bucks for Birds" program which results in enough turkeys to host our annual community meal; the holiday giving tree to benefit the needy families in our care; donated items from Guild Consignment Center; the ability to participate in the annual Mission Sunday event in May; and the Taste of Hingham, hosted by HCC, where FBMS is the grateful recipient of a portion of the revenue from the event. Finally, we are always thrilled when the Rev. Dr. Peter Allen and the HCC Outreach Committee invite FBMS to speak to the congregation about our mission!



# FBMS Celebrates 20 Years of FoodFest & Auction

July 29, 2014 marked the 20th anniversary of FoodFest & Auction held outdoors at Granite Links Golf Club overlooking the beautiful Boston skyline. Blessed with beautiful weather and a spectacular sunset, we were grateful for such a spectacular setting to come together with our supporters to raise money for our mission to end homelessness.

FoodFest20 was one of our most successful events to date, raising more than \$325,000 from corporate sponsorships, ticket sales, raffle sales and from our live and silent auctions. We are grateful to our long-time sponsors and welcomed new sponsors! We remain forever appreciative to our 37 food and beverage providers who offered up the most spectacular

tastings enjoyed by almost 1,000 attendees. In addition, more than 100 volunteers joined us in the celebration this year helping everything run smoothly.

Though FoodFest is a celebration of our community of supporters, the true importance of the night is to provide critical funding to our programs that serve more than 5,000 individuals and families annually.

Thank you to everyone who supported FoodFest20! For more pictures of the night, visit our Facebook page at [facebook.com/fatherbillsmainpring](https://www.facebook.com/fatherbillsmainpring).

## Thank You to Our Generous Sponsors!

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*Employees of Arbella Insurance, a premier sponsor, gather for a group photo.*



## FoodFest Spotlight:

### Common Market Restaurants

Greg McDonald, owner of Common Market Restaurants in Quincy, remembers the days when Father William “Bill” McCarthy was a regular. “Father Bill was a really good customer and ambassador for us,” notes Greg. Their relationship, built on genuine interest in supporting one another, led to a long-lasting partnership with Father Bill’s & MainSpring.

It was only fitting that Common Market participate in the first “Fun N’ Food Fest” at President’s Place. “We wanted to be a part of it and help it get off the ground and be a successful event,” notes Greg, who has watched the event grow into one of the largest events on the South Shore.

We are grateful that The Common Market pays tribute to Father Bill’s memory by continuing to participate in FoodFest each year. Thank you, Greg, and everyone at Common Market Restaurants for your continued support.



*Frank Ricci of Greenside Grille displays his FoodFest samplings.*

### Raffael’s/Greenside Grille at the South Shore Country Club

In 1989, Elio Ricci opened his first restaurant, Raffael’s, in Quincy after many years of working in the North End of Boston. He is a firm believer in giving back to his community, which he considers family. It was this belief that brought him to Father Bill’s Place, where a strong relationship formed. Though Raffael’s has relocated and the restaurant operates under the direction of Elio’s son, Frank, as Greenside Grille at the South Shore Country Club in Hingham, the Ricci family continues their strong partnership with FBMS.

Raffael’s/Greenside Grille have participated in FoodFest ever since the first “Fun N’ Food Fest” in Quincy Square. Frank reflects: “Our guests are our family; we want to see them outside of the restaurant setting, in the community and we want to be a part of that experience.”

Thank you, Elio and Frank, and the entire Raffael’s/Greenside Grille family for being a part of FoodFest each year and for being a loyal supporter for more than 20 years.

*Montilio’s Bakery created a special anniversary cake to commemorate the event.*



## Thank You to Our FoodFest20 Participating Food and Beverage Providers!

- Abby Park
- Bantam Cider Company
- Batch Ice Cream
- Bistro Chi/ Kama Lounge
- Burtons Grill
- The Common Market Restaurants
- FoodWORKS
- Fratelli’s Pastry Shop
- The Fours Restaurant
- Fruit Center Marketplace
- Fuji 1546
- Ginger Betty’s Bakery
- The Greenside Grille by Raffael’s of South Shore County Club
- Harrows Chicken Pies
- Hingham Beer Works
- Jake’s Seafood
- Konditor Meister Bakery
- The Lantana
- Lavishly Dunn Catering
- Legal Sea Food
- The Lobster Barn
- Martignetti Wines
- Marylou’s Coffee
- Montilio’s
- Narragansett Brewing Co.
- Nona’s Ice Cream
- Paragon Grill & Surf Lounge
- Phillips Candy House
- Punjab Café
- River Bay Club
- Ruby Wines
- Super Chef Pizza
- Teen Challenge Catering
- The Tinker’s Son & Bio Bistro
- Venezia
- Whole Foods Hingham and South Weymouth

## Want to support FBMS this holiday season?

### Shop our NEW Amazon.com wish list!

As the weather grows colder our need for in-kind donations increases; help us prepare for winter and the needs of our guests by hosting a donation drive or shopping our Amazon.com wish list.

These in-kind donations, including basics such as toiletries, towels and sheets, support guests in our emergency shelters, families and children who are newly housed and formerly homeless veterans.

Thank you to all who have hosted a drive or have made an in-kind donation in the past; we rely on our generous friends like you to help us provide these items and ensure that we never have to turn anyone away.

Please visit  
[bit.ly/FBMSwishlist](https://bit.ly/FBMSwishlist)  
to check out our  
Amazon.com wish list.

For more information about  
hosting a drive, call the  
Development Office at  
617-376-2255.

## State Street Corporation and State Street Foundation

*(continued from page 1)*

"The State Street Foundation is proud of its multifaceted relationship with Father Bill's & MainSpring and is pleased to support their WorkExpress program," said Amanda Northrop, Vice President at the State Street Foundation. "This innovative program is providing critical employment opportunities for a population that few organizations know how to serve successfully. Investments in initiatives like WorkExpress are a key part of how State Street furthers its mission of promoting employability for disadvantaged populations in the communities around the globe where we operate."

Not only does State Street Foundation provide valuable funding for our programs, but several State Street Corporation groups volunteer their time to our programs as well. Many State Street employees, including the Spirit of State Street Alumni Volunteer Program and the State Street Working Parents Group work with FBMS throughout the year. The groups are a staple at Father Bill's Place, serving lunch to shelter guests monthly and assisting guests at our holiday shopping event in December.

State Street Corporation and State Street Foundation's generosity and continued partnership has helped increase FBMS' capacity to end people's homelessness by helping people in need rebuild their lives with a job and a home of their own. Their culture of philanthropy is evident across the company, and we are tremendously grateful for their unending support of our mission.



## Volunteer Profile: Cathy Consolazio



Who could have imagined that in 1988 volunteer Cathy Consolazio's first movie showing for shelter guests at Father Bill's Place would have led to a 26-year weekly event? Fittingly, Cathy's first movie showing was ET, about an extra-terrestrial who was three million light years from home. The showing included refreshments and at the end, guests would vote on the next week's movie showing.

The weekly tradition continues today as a fine-tuned machine of staff and volunteers willing to contribute: "Typically when I get in I start making popcorn... Dan sets up the kitchen for me; when I arrive butter is melted and snacks have been organized and are ready for serving," explains Cathy. "Linda, a staff member, brings additional soda. Judy, another staff member, donated a DVD player so I didn't have to carry mine in every week."

It is clear that Cathy has found her niche at Father Bill's & MainSpring. "I love movies and hate to cook but love to feed people – it's great!" She also points out that the guests are genuinely grateful of her time. "The guests, who are probably at the lowest points in their lives, take the time to say thank you, to give honest feedback and to offer help,"

Cathy has one piece of advice for those thinking of volunteering – "Do it. Do it now. You will get a lot more than you give." Thank you, Cathy, for all you have given to Father Bill's & MainSpring!

## Planning Your Estate?

When planning your estate, please consider a gift to FBMS in your will. If you would like more information on making a planned gift to help those experiencing homelessness, please contact Lucille Cassis, Chief Development Officer: 617-376-2255 x222.

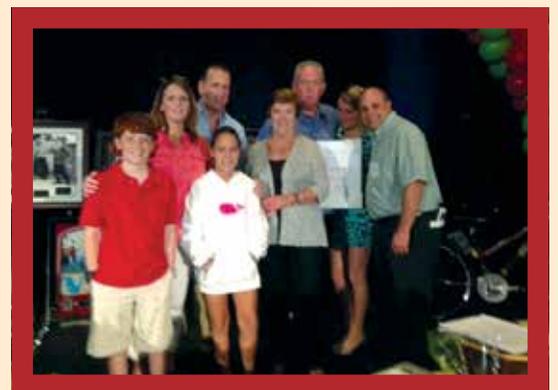


At this year's FoodFest, the Richard D. Welch Volunteer Award was presented to James "Jim" Wells, for his dedicated service as a member of the Board of Directors, for his leadership as Chair of FoodFest for the past 18 years and for his continuous support of our mission.

After a tour of Father Bill's Place with Father William "Bill" McCarthy, Jim was instantly compelled to spread our mission to his network of friends and colleagues. Jim joined the board in 1995 when FoodFest was only in its second year. His experience in the hospitality/restaurant industry leveraged more vendors and donor participation.

Jim also dedicates his time to spread awareness about our mission to end homelessness. In 2009, Father Bill's & MainSpring was developing the Commander Paul F. Anderson House, Hingham. Jim helped engage the town of Hingham and his efforts built a strong community support for the project.

**Jim is one of our "super volunteers" whose dedication over the past 19 years has been invaluable. Thank you, Jim!**



*The Welch family presents the award to Jim Wells at FoodFest20.*



# Father Bill's & MainSpring

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FALL 2014

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