Help Father Bill’s & MainSpring

PREPARE AND DELIVER BAGGED LUNCHES

Groups assemble 50-100 individual bag lunches at their facilities and deliver them to our Quincy or Brockton shelter. A great opportunity for youth groups. Groups are responsible for purchasing all food items. By appointment, a tour of the shelter can be provided at the time of delivery depending on shelter operations. Delivery should be made between 8-11:00 AM or 1-3 p.m. Contact Mary Ann Mendes at mmendes@helpfbms.org or 508-427-6448 X2237 for an available date and time for delivery of your lunches. Lunches are accepted weekdays and weekends at:

**Father Bill’s Place**  
38 Broad Street, Quincy  
(617-770-3314)

**MainSpring House**  
54 N. Main St., Brockton  
(508-894-8520)

**LUNCHES SHOULD INCLUDE**
- Sandwich (e.g., Peanut Butter & Jelly, Tuna, Turkey, Ham & Cheese)
- Chips or Pretzels
- Fruit: Apple, Banana, Orange
- Cookie or Candy
- Water, juice (may separate from bags)

**Thank you!**

**PACKAGING**
Due to storage limitations, lunches should be packed in *individual brown bags* and delivered in disposable boxes (no plastic bags). Boxes should be no larger than 10” x 18”.

*For reporting purposes, we will ask you to fill out an in-kind receipt at the time of your donation. If you are unsure of the value, we suggest an estimate of $5 per lunch.*